

ITK F

Traditional Karate

EUROPE



ITKF EUROPEAN CHAMPIONSHIP IN **TRADITIONAL** **KARATE**



SERBIA – Kraljevo

2025

OCTOBER

20-26





20-26. October 2025.
Kraljevo, Serbia



ITKF EUROPE

and

Serbian Traditional Karate-do Federation - STKF

INVITE

all ITKF Member Organizations
to the

**36th EUROPEAN TRADITIONAL
CHAMPIONSHIP IN TRADITIONAL KARATE**
for Cadets, Juniors, Youth, Seniors, Veterans, Para karate

KRALJEVO – SERBIA – 20th to 26th of October 2025
Sports Center Ibar

&

5th ITKF EUROPE OPEN CUP
for Children and Para karate

&

MASTERS & JUDGES COURSE



Dear National Federations, Athletes, Coaches, Judges, and Officials,

On behalf of the Serbian Traditional Karate-Do Federation, it is both a great honor and privilege to extend a warm invitation to you for the 36th ITKF European Championship in Traditional Karate and the 5th European Open Cup for Children, which will take place in Kraljevo, Serbia, at the Sports Center Ibar from October 20th to 26th, 2025.

This prestigious event will bring together the best athletes, coaches, and officials from across Europe to celebrate the spirit of traditional karate. It is an exciting opportunity to showcase the skills, discipline, and dedication of our karate community. As we gather in Kraljevo, we will not only compete for excellence but also strengthen the bonds of friendship and mutual respect that are the foundation of karate as a martial art.

The Serbian Traditional Karate-Do Federation is dedicated to organizing a high-quality event, ensuring that participants have access to world-class facilities, professional refereeing, and the hospitality that Serbia is renowned for. We have worked tirelessly to prepare for this championship, and we are confident that the competition will be an unforgettable experience for all involved.

The event will feature the 36th ITKF European Championship, which will include a wide range of categories for both adult and junior competitors, as well as the 5th European Open Cup for Children, which will provide a fantastic opportunity for young athletes to demonstrate their talent and passion for karate. This tournament will offer an inspiring platform for the future stars of traditional karate.

Additionally, we are proud to have the opportunity to welcome esteemed coaches, judges, and officials who are integral to ensuring fair play and the smooth operation of the championship. Your expertise and dedication to the sport of karate are what make events like this possible, and we deeply appreciate your commitment.

Our goal is to create an environment that not only fosters competition but also promotes the values of karate—respect, humility, perseverance, and discipline. We look forward to celebrating these values together with you, as we strive for excellence both on and off the tatami.

We are excited to welcome you to Serbia and to Kraljevo, a city known for its rich history and hospitality. We hope this event will be a memorable experience, filled with exciting competition, new friendships, and shared experiences.

We invite you to join us for this remarkable occasion, and we are looking forward to seeing you in October 2025. Let us all come together to make this event a true celebration of traditional karate.



Roman Pavlovič
Chairman
ITKF Europe



With best regards,



Zoran Jakovljevič
President
Serbian Traditional Karate-Do Federation



Republic of Serbia
RASKA ADMINISTRATIVE DISTRICT
Number: 918-officially/2025-01
Date: 01.04.2025.
KRALJEVO

Dear participants, coaches, and traditional karate enthusiasts,

welcome to the Raška District, the heart of Serbia, where tradition and hospitality intertwine with the spirit of sportsmanship and chivalry. It is our great honor to host the 36th ITKF European Championship in Traditional Karate, which will take place from October 20 to 26, 2025. This event brings together top athletes from across Europe in the spirit of fair play, dedication, and mutual respect.

May our cities, natural beauty, and warm Serbian hospitality inspire and empower you, not only for competition but also for forging new friendships and creating unforgettable memories. We wish you great success, fair competition, and hope that you will take with you fond memories and a sense of welcome that will always bring you back here.

Good luck, and welcome to the Raška District.



Chief of the Raška Administrative District



Stefan Adžić



OFFICIAL INFORMATION

- Sanctioned by:** ITKF EUROPE
- Hosted by:** Serbian Traditional Karate-do Federation - STKF
- Place:** Kraljevo, Serbia
- Venue:** Sports Center IBAR - sport hall, Dušana Popovića 41 A, Kraljevo
- GPS:** 43°42'53.9"N 20°41'36.9"E
- Google code:** PM7V+WH Kraljevo
- Date:** 20th to 26th of October 2025

1. PARTICIPANTS (athletes, coaches, judges)

All ATHLETES must be selected by the ITKF Member Organizations and fulfill the following requirements:

1. They must be citizens of the represented country.
2. They must be registered to competition categories in accordance with their age and sex.
3. They must have ITKF registered black belt (Sho Dan or higher) in accordance with the official ITKF procedure. In the categories Cadets and Juniors athletes can participate if they hold 1st Kyu. Para karate athletes from cadets to veterans can participate if they hold minimum 6th Kyu (green belt). Para karate athletes from children I to children III can participate if they hold minimum 7th Kyu (orange belt).
4. They must know, fully understand and be able to compete in accordance with the ITKF competition rules.
5. All KUMITE, KO-GO and FUKU-GO athletes are obliged to wear the official ITKF KUMITE GLOVES (available also at the event) in accordance with ITKF rules. For hygienic reasons gloves cannot be shared between athletes. Mouth (tooth) guards and groin protector for men are also mandatory. Breast-protection for women is optional, but highly recommended safety equipment. In Jiyu Ippon Kumite mouth (tooth) guards are mandatory.
6. They must belong to an ITKF Member Organization which has paid all dues to the ITKF, including membership fee for the year 2025.
7. They must present an International Health Insurance for Medical Emergencies.
8. They must have his/her own international traveling insurance and also personal accident insurance issued by their respective National Federations.

All COACHES must be selected by the ITKF Member Organizations. **Only Coaches registered with ITKF will be allowed to officially represent and coach athletes during the competition.**

All official JUDGES at this event shall be ITKF Registered and Qualified Judges who have participated in and completed the Judges Standardization Course at the tournament site and have been selected and delegated by the ITKF Judges Committee.



1. TIME SCHEDULE

Date	Activity	Time	Location
25 th of September	Online registration opens	https://reg.openentry.net/itkf/set-online/	
13 th of October	Online registration closes	/	/
20 th of October	Arrival	/	/
Monday	ACCREDITATION	ALL DAY	Sport Center IBAR - Sport Hall
21 st of October Tuesday	ACCREDITATION	ALL DAY	Sport Center IBAR - Sport Hall
	Masters Course*	9h30-11h00	Sport Center IBAR - Sport Hall
	Judges Course	11h00-12h30	Sport Center IBAR - Sport Hall
	Masters Course	16h00-17h30	Sport Center IBAR - Sport Hall
	Judges Course	17h30-19h00	Sport Center IBAR - Sport Hall
22 nd of October Wednesday	Tournament Committee meeting	20h00-21h00	Sport Center IBAR - Sport Hall (Conference room)
	Masters Course	9h30-11h00	Sport Center IBAR - Sport Hall
	Judges Course	11h00-12h30	Sport Center IBAR - Sport Hall
	Masters & Judges Course	16h00-17h30	Sport Center IBAR - Sport Hall
	Director's meeting	18h00-19h00	Sport Center IBAR - Sport Hall (Conference room)
	RECEPTION OF REPRESENTATIVES OF DELEGATIONS	20h00-21h00	Townhouse Adress: Trg Jovana Sarica 1, Entry 2
23 rd of October Thursday	5th Europe Open Cup for Children		
	10.11 and 12.13	9h00-17h00	Sport Center IBAR - Sport Hall
	DELIVERY OF MEDALS DURING THE COMPETITION		
		KATA / KIHON / KIHON IPPON KUMITE JIYU IPPON KUMITE / KATA TEAM / JIYU IPPON KUMITE TEAM	
	OPENING CEREMONY		
	OPENING CEREMONY	17h30-18h30	Sport Center IBAR - Sport Hall



	General Meeting	19h30-20h30	Hotel Turist, Trg srpskih ratnika, Floor 2
	Dinner for delegations	21h00	
24th of October Friday			
		9h00-19h00	Sport Center IBAR - Sport Hall
	DELIVERY OF MEDALS DURING THE COMPETITION		
	KATA / FUKU GO / KO GO / JIYU KUMITE / KATA TEAM / CADETS / JUNIORS / YOUTH / ENBU YOUTH		
25th of October Saturday		9h00-19h00	Sport Center IBAR - Sport Hall
	DELIVERY OF MEDALS DURING THE COMPETITION		
	KATA + FUKU GO/ KO GO / KUMITE / KATA TEAM CADETS / JUNIORS/ YOUTH / ENBU YOUTH		
	16h00 – 19h00 ---- »»» LAST FINALS		
	KATA TEAM SENIORS / ENBU SENIORS / JIYU KUMITE TEAM SENIORS		
	PRESENTATION OF AWARDS BY VIP GUESTS		
	SAYONARA PARTY	21h30-24h00	Hotel Turist, Trg srpskih ratnika, Floor 2
26th of October Sunday	DEPARTURE OF DELEGATIONS		

***All participants of the master course are required to wear a sticker on their belt, which they will receive upon registration.**



2. COMPETITION CATEGORIES FOR 36TH ITKF EUROPEAN CHAMPIONSHIP IN TRADITIONAL KARATE

OFFICIAL ITKF CATEGORIES

A. CADETS (14 – 15 years old / born in 2010 and 2011)

Categories	No. of participants or teams per country	Other instructions
1. Individual Kata Men	3	Kata <ul style="list-style-type: none"> • Heian 2, 3, 4, 5; • <i>Pinan (1-5)</i> • Tekki / <i>Naihanchi</i> Shodan; • Bassai / <i>Passai</i> - Dai; • Jion; • Jitte; • Enpi / <i>Wanshu</i>; • Kanku / <i>Kushanku</i> – Dai; • Gekki Sai-Dai (1-2); • Fukyu kata (1,2,3); • Saifa; • Seiyunchin; • Shisoochin.
2. Individual Kata Women	3	
3. Fuku-Go Men	3	Ko-Go Kumite
4. Fuku-Go Women	3	Ko-Go Kumite
5. Team Kata Men	1 (3)	No Bunkai
6. Team Kata Women	1 (3)	No Bunkai
7. Individual Ko-Go Kumite Men	3	Ko-Go Kumite
8. Individual Ko-Go Kumite Women	3	Ko-Go Kumite
9. Individual Kata PARA Karate Men	No limit	
10. Individual Kata PARA Karate Women	No limit	



B. JUNIORS (16 – 17 years old / born in 2008 and 2009)

Categories	No. of participants or teams per country	Other instructions
11. Individual Kata Men	3	Kata <ul style="list-style-type: none"> • Heian 2, 3, 4, 5; • <i>Pinan (1-5)</i> • Tekki / <i>Naihanchi</i> Shodan; • Bassai / <i>Passai</i> - Dai; • Jion; • Jitte;
12. Individual Kata Women	3	<ul style="list-style-type: none"> • Enpi / <i>Wanshu</i>; • Kanku / <i>Kushanku</i> - Dai; • Gekki Sai-Dai (1-2); • Fukyu kata (1,2,3); • Saifa; • Seiyunchin; • Shisoochin. • Sensero and Seipai.
13. Fuku-Go Men	3	Ko-Go Kumite
14. Fuku-Go Women	3	Ko-Go Kumite
15. Team Kata Men	1 (3)	No Bunkai
16. Team Kata Women	1 (3)	No Bunkai
17. Individual Ko-Go Men	3	Ko-Go Kumite
18. Individual Ko-Go Women	3	Ko-Go Kumite
19. Individual Kata PARA Karate Men	No limit	
20. Individual Kata PARA Karate Women	No limit	



C. YOUTH (18 – 20 years old / born in 2007 to 2005)

Categories	No. of participants or teams per country	Other instructions
21. Individual Kata Men	3	All Kata
22. Individual Kata Women	3	All Kata
23. Fuku-Go Men	3	Jiyu Kumite
24. Fuku-Go Women	3	Jiyu Kumite
25. Team Kata Men	1 (3)	Bunkai in Finals
26. Team Kata Women	1 (3)	Bunkai in Finals
27. Enbu Men	1 (2)	
28. Enbu Mixed Men- Women	1 (2)	
29. Enbu Women	1 (2)	
30. Individual Ko-Go Men	3	Jiyu Kumite in Finals
31. Individual Ko-Go Women	3	Jiyu Kumite in Finals
32. Individual Jiyu Kumite Men	3	
33. Individual Jiyu Kumite Women	3	
34. Team Jiyu Kumite Men	1 (3+1)	
35. Team Jiyu Kumite Women	1 (3+1)	
36. Individual Kata PARA Karate Men	No limit	
37. Individual Kata PARA Karate Women	No limit	



D. SENIORS (21 – 49 years old / born in 2004 to 1976)

Categories	No. of participants or teams per country	Other instructions
38. Individual Kata Men	3	All Kata
39. Individual Kata Women	3	All Kata
40. Fuku-Go Men	3	Jiyu Kumite
41. Fuku-Go Women	3	Jiyu Kumite
42. Team Kata Men	1 (3)	Bunkai in Finals
43. Team Kata Women	1 (3)	Bunkai in Finals
44. Enbu Men	1 (2)	
45. Enbu Mixed Men- Women	1 (2)	
46. Enbu Women	1(2)	
47. Individual Ko-Go Men	3	Jiyu Kumite in Finals
48. Individual Ko-Go Women	3	Jiyu Kumite in Finals
49. Individual Jiyu Kumite Men	3	
50. Individual Jiyu Kumite Women	3	
51. Team Jiyu Kumite Men	1 (3+1)	
52. Team Jiyu Kumite Women	1 (3+1)	
53. Individual Kata PARA Karate Men	No limit	
54. Individual Kata PARA Karate Women	No limit	

E. VETERANS (50 years and older / born in 1975 and before)

Categories	No. of participants or teams per country	Other instructions
55. Individual Kata Men	3	All Kata
56. Individual Kata Women	3	All Kata
57. Fuku-Go Men	3	Ko-Go Kumite
58. Fuku-Go Women	3	Ko-Go Kumite
59. Individual Ko-go Kumite Men	3	Ko-Go Kumite
60. Individual Ko-go Kumite Women	3	Ko-Go Kumite
61. Individual Kata PARA Karate Men	No limit	
62. Individual Kata PARA Karate Women	No limit	



List of kata for Youth, Seniors and Veterans

Type of Kata

Competitors shall be required to select Katas only from the following, although exceptions will be allowed in the case of different style Katas having the same origins but whose name pronunciations are different.

III. KATA RULES

- (1) A-Nan-Kun (A-Nan-Ku)
- (2) Bassai (Pasai) Dai, Sho
-includes Itosu, Matsumura, Yabu, etc.
- (3) Chin-tei (Chinte)
- (4) En-pi (Wan-Shu)
- (5) Gan-Kaku (Chin-To)
- (6) Gojyu-Shi-Ho (U-Sei-Shi), Dai, Sho
- (7) Han-Getsu (Sei-San)
- (8) Ji-In
- (9) Ji-On
- (10) Jitte
- (11) Kan-Ku (Ku-Chan-Ku), Dai, Sho
-includes Shi-Ho-Ku-Chan-Ku
- (12) Kan-Shiwa
- (13) Kuru-Run-Ha
- (14) Ni-Jyu-Shi-Ho (Ni-Sei-Shi)
- (15) Mei-Kyo
- (16) Roh-Hai, Sho-Dan, Ni-Dan, San-Dan Matsumura, etc.
- (17) Sai-Ha
- (18) San-Se-Ru
- (19) Se-San
- (20) Sei-En-Chin
- (21) Sei-Pai
- (22) Shi-So-Chin
- (23) So-Chin
- (24) Supa-Rin-Pan (Becchu-Rin, Hyaku-Hachi-Ho)
- (25) Un-Su (Un-Shu)
- (26) Wan-Kan



3. PARTICIPATION FEES

CATEGORIES	Fee	Explanation
Individual	45€	Per category
Team ENBU	55€	Per team
Team KATA	65€	Per team
Team JIYU KUMITE	65€	Per team
PARA KARATE Individual kata	25€	Per category
Master and Judges Course	50€	Per individual

4. COMPETITION RULES

Note: The host national federation is entitled to 4 competitors and two teams per discipline.

This European Championship will be held in compliance with ITKF COMPETITION RULES. If there are less than 3 registered athletes per category, TOC could merge categories by age. If there are less than 3 registered athletes per PARA KARATE category, TOC could merge categories by age.

IN INDIVIDUAL DISCIPLINES, A COMPETITOR CAN ONLY COMPETE IN HIS AGE CATEGORY!

Note: In kata, there can be several rounds, in accordance to the ITKF rules. The results from semi-finals and finals are added up for the final result. A different kata has to be performed in the final round.

ATTENTION: Haito is not allowed in the cadet and junior category!

Team disciplines:

- * In team disciplines, one competitor from the younger category can compete for the team in the next older category, not vice versa!
- * A competitor who reinforces a team in the older category cannot compete in his/her own age category, that is, a competitor can compete only in one team in the same discipline!



5. PAYMENT INSTRUCTIONS

The competition entry fees can be paid by the National Federation to the Serbian Traditional Karate Federation account, i.e., from legal entity's account to another legal entity's account, in euros, including all bank transfer fees. If paying via bank transfer, the payment must be made at latest by October 13th.

Payments from individuals are not allowed. Cash payment on-site are also possible, in this case an appropriate invoice shall be issued.

Please follow the instructions provided in the attachment.

The contact person for technical support:

General Secretary of STKF, Svetlana Baković-Ladani +381637382698



INSTRUCTIONS FOR PAYMENT

59:Beneficiary customer

Name of beneficiary: SRPSKA TRADICIONALNA KARATE-DO FEDERACIJA

Beneficiary's address: CARA LAZARA 62
RS-36000 KRALJEVO

Acc.no.with Halkbank ad Beograd (IBAN): /RS35155007220006166812

57A:Account with institution

Bank of beneficiary: HALKBANK A.D. BEOGRAD
Milutina Milankovića 9e
RS-11070 Novi Beograd (Beograd)
SWIFT: CABARS22

56A:Intermediary

For payments in EUR:

- 1.Commerzbank AG Frankfurt
SWIFT: COBADEFF
- 2.Ziraat bank international AG Frankfurt
SWIFT: TCZBDEFF
- 3.Erste Group Bank AG, Vienna
SWIFT: GIBAAATWG



6. AWARDS FOR THE 36th ITKF EUROPEAN CHAMPIONSHIP IN TRADITIONAL KARATE:

Certificates and medals for 1st, 2nd, and 3rd place in all disciplines on grades (KATA, KATA TEAM and ENBU).

Certificates and medals for 1st, 2nd, and two 3rd places in disciplines on flags (KOGO KUMITE, JIYU KUMITE, FUKU GO, JIYU KUMITE TEAM).

TROPHIES FOR ALL 1st PLACES!!!

Participant certificates for all participants!

All participants of the Master and Judges Course will receive certificates! All judges and delegation representatives will receive special plaques!

Trophies for the four most successful national teams of the 36th ITKF European Championship in Traditional Karate!



7. COMPETITION CATEGORIES FOR 5TH ITKF EUROPE OPEN CUP FOR CHILDREN

A. CHILDREN I (8 – 9 years old / born in 2016 and 2017) *MINIMUM ORANGE BELT

Categories	No. of participants or teams per country	Other instructions
1. Individual Kata Men	No limit	Kata <ul style="list-style-type: none"> • Taikyoku Shodan • Heian / <i>Pinan</i> 1, 2, 3
2. Individual Kata Women	No limit	
3. Kihon Men	No limit	
4. Kihon Women	No limit	
5. Individual Kata PARA Karate Men	No limit	
6. Individual Kata PARA Karate Women	No limit	

KIHON

Two competitors (AKA - SHIRO) compete on the tatami in parallel at the same time, facing Sushin. After HAJIME they perform the following techniques (no MATE):

Gedan Barai right foot back (+ KIAI),

1. Oi Tsuki Jodan (5x front), last technique - KIAI,
2. Age Uke (5x back), last technique - KIAI,
3. Mae Geri Chudan (5x front), last technique - KIAI,
4. Gedan Barai (5x back) + last technique Gyaku Tsuki Chudan - KIAI

At the end, the competitors wait at the final positions, and the judges evaluate them with flags.



B. CHILDREN II (10 – 11 years old / born in 2014 and 2015) *MINIMUM ORANGE BELT

Categories	No. of participants or teams per country	Other instructions
7. Individual Kata B Men (7. kyu, 6. Kyu, 5. kyu)	No limit	Kata <ul style="list-style-type: none"> • Heian / <i>Pinan</i> 1, 2, 3, 4, 5
8. Individual Kata B Women (7. kyu, 6. Kyu, 5. kyu)	No limit	
9. Individual Kata A Men (4. Kyu, 3. Kyu, 2. Kyu, 1. Kyu)	No limit	Kata <ul style="list-style-type: none"> • Heian / <i>Pinan</i> 2, 3, 4, 5 • Tekki / <i>Naihanchi</i> Shodan
10. Individual Kata A Women (4. Kyu, 3. Kyu, 2. Kyu, 1. Kyu)	No limit	
11. Kihon Men	No limit	
12. Kihon Women	No limit	
13. Kihon ippon kumite Men	No limit	
14. Kihon ippon kumite Women	No limit	
15. Individual Kata PARA Karate Men	No limit	
16. Individual Kata PARA Karate Women	No limit	

KIHON

Two competitors (AKA - SHIRO) compete on the tatami in parallel at the same time, facing Sushin.
After HAJIME they perform the following techniques (no MATE):

Gedan Barai right foot back (+ KIAI),

1. Oi Tsuki Jodan (5x front), last technique - KIAI,
2. Age Uke (5x back), last technique - KIAI,
3. Mae Geri Chudan (5x front), last technique - KIAI,
4. Gedan Barai (5x back) + last technique Gyaku Tsuki Chudan - KIAI

At the end, the competitors wait at the final positions, and the judges evaluate them with flags.



KIHON IPPON KUMITE

Two competitors (AKA - SHIRO) compete on the tatami facing each other. After introductory greeting they get closer to a proper distance.

Each of them (first AKA) performs the following attacking techniques. At the same time SHIRO performs corresponding defense techniques.

ATACK	DEFENSE
Oi Tsuki Jodan	Age Uke/ Gyaku Tsuki
Oi Tsuki Chudan	Soto Uke/ Gyaku Tsuki
Mae Geri Chudan	Gedan Barai/ Gyaku Tsuki
Mawashi Geri Jodan	Uchi Uke/ Gyaku Tsuki

The attacker from the "Hachiji Dachi" position steps with his right foot back into the "Zenkutsu Dachi" and performs the "Gedan Barai" technique with a strong Kiai. He clearly announces offensive technique that will follow. The opponent remains in the "Hachiji Dachi" position, and the defense is carried out by moving the right leg back, implementing the defense techniques immediately followed by an effective counterattack with the "Gyaku Tsuki" technique and strong Kiai.

When blocking the "Mae Geri" technique, the defender should correct the direction of the defense with short slip (Yoriashi) to the right at a 45° angle.

At the end of the individual action, the opponent moves back to the "Hachiji Dachi" position, after which the attacker continues to perform the next technique. After AKA finishes all attacking techniques, SHIRO repeats the same procedure as an attacker.

At the end, the competitors wait at the initial positions, and the judges evaluate them with flags.



C. CHILDREN III (12 – 13 years old / born in 2013 and 2012) *MINIMUM ORANGE BELT

Categories	No. of participants or teams per country	Other instructions
17. Individual Kata B Men (7. kyu, 6. Kyu, 5. kyu)	No limit	Kata <ul style="list-style-type: none"> • Heian/ <i>Pinan</i> 1, 2, 3, 4, 5
18. Individual Kata B Women (7. kyu, 6. Kyu, 5. kyu)	No limit	
19. Individual Kata A Men (4. Kyu, 3. Kyu, 2. Kyu, 1. Kyu)	No limit	Kata <ul style="list-style-type: none"> • Heian/ <i>Pinan</i> 2, 3, 4, 5 • Tekki / <i>Naihanchi Shodan</i>
20. Individual Kata A Women (4. Kyu, 3. Kyu, 2. Kyu, 1. Kyu)	No limit	
21. Team Kata Men	No limit	No Bunkai
22. Team Kata Women	No limit	No Bunkai
23. Individual Jiyu Ippon Kumite Men	No limit	
24. Individual Jiyu Ippon Kumite Women	No limit	
25. Individual Kata PARA Karate Men	No limit	
26. Individual Kata PARA Karate Women	No limit	



JIYU IPPON KUMITE

Two competitors (AKA - SHIRO) compete on the tatami facing each other. After introductory greeting they get a proper distance. They use free combat movement.

Each of them (first AKA) performs the following attacking techniques. At the same time SHIRO performs corresponding free defense techniques and contra attack Gyaku Tsuki + KIAI.

ATAK	DEFENSE
Oi Tsuki Jodan	Age Uke/ Gyaku Tsuki
Oi Tsuki Chudan	Soto Uke/ Gyaku Tsuki
Mae Geri Chudan	Gedan Barai/ Gyaku Tsuki
Yoko Geri Kekomi	Soto Uke/ Gyaku Tsuki
Mawashi Geri Jodan	Uchi Uke/ Gyaku Tsuki



8. COMPETITION RULES

This Europe Cup for Children will be held **in compliance with ITKF COMPETITION RULES** with the following amendments. If there are less than 3 registered athletes per category, TOC could merge categories by age. If there are less than 3 registered athletes per PARA KARATE category, TOC could merge categories by age.

IN INDIVIDUAL DISCIPLINES, A COMPETITOR CAN ONLY COMPETE IN HIS AGE CATEGORY!

Note: There will be up to 3 rounds in kata, the first round is competing for the top 8 (or more if several competitors have the same number of points), the second for the top 4 and the third round is the finals. The results from semi-finals and finals are added up for the final result. A different kata has to be performed in the final round. This means that every competitor should prepare minimum two kata, however, they could also perform a different kata in each round.

Team disciplines:

- * In team disciplines, one competitor from the younger category can compete for the team in the next older category, not vice versa!
- * A competitor who reinforces a team in the older category cannot compete in his/her own age category, that is, a competitor can compete only in one team in the same discipline!
- * MIXED TEAMS IN ALL CHILDREN'S CATEGORIES ARE ALLOWED IN DISCIPLINES TEAM KATA, whereby two boys and one girl make up a men's team, and two girls and one boy make up a women's team.

9. PARTICIPATION FEES

CATEGORIES	Fee	Explanation
Individual	40€	Per category
Team KATA	50€	Per team
PARA KARATE Individual kata	25€	Per category

10. AWARDS FOR THE 5th ITKF EUROPE OPEN CUP FOR CHILDREN

Certificates and medals for 1st, 2nd, and 3rd place in all disciplines on grades (KATA and KATA TEAM).

Certificates and medals for 1st, 2nd, and two 3rd places in disciplines on flags (KIHON, KIHON IPPON KUMITE, JIYU IPPON KUMITE).

Participant certificate for all participants!!!

THE MEDAL AWARD WILL BE ORGANIZED ON THE WINNERS' PODIUM AFTER THE COMPLETE CATEGORY!!!

Trophies for the three most successful national teams in the 5th ITKF Europe Open Cup for Children!



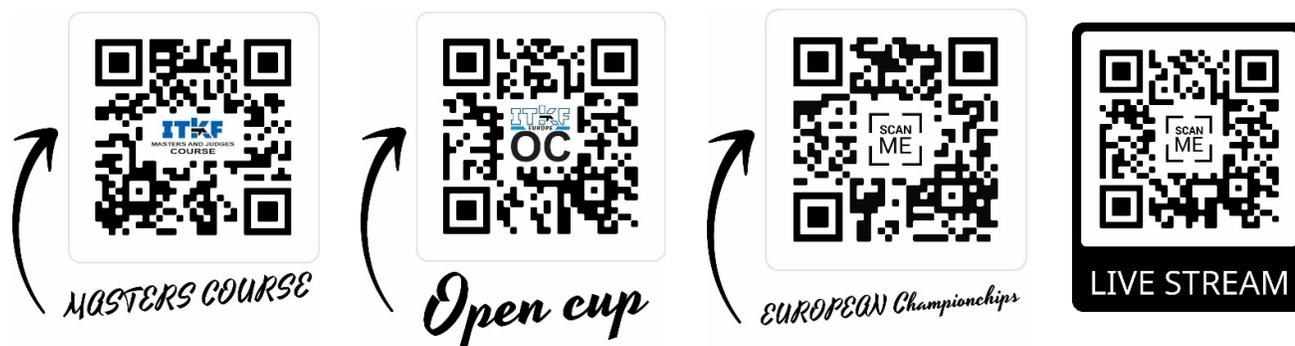
11. OTHER INFORMATION

An official communication channel with all of the ITKF Member organizations will be WhatsApp (ITKF Europe members channel). If any of the Member organizations could not use it (technical or legal reasons), it should inform ITKF. In that case an alternative communication channel will be organized for them.

All meetings and formal activities will take place at [Hotel Turist](#), main official hotel of the event.

All competitions will take place at [Sports Center Ibar – Sports Hall](#), in walking distance from all of the official hotels.

Registration of the athletes, coaches and officials will be on-line through the official events page. Platform for the registration will be opened from 25th September to 13th of October 2025. **Member organizations should create an account and enter all requested details for all members of their delegation in order to register them to one, two or three events.** All the instructions are in the separate file.



LINK: <https://reg.openentry.net/itkf/set-online/>

NOTE: We will inform you when everything is ready for registration through the online sistem!!!

Payment of all fees for all of the events should be done prior to the event, unless individually agreed otherwise with the organizer. Payment details are also provided on the registration platform. Payment amounts will be calculated by the registration application. All payments should be executed in full **at latest by 13th of October 2025.**

Note: All of the DAN registration, Coaches registration and Judges registration procedures and payments should be done as soon as possible, before the event, directly to ITKF.

THE TRADITION CONTINUES!!!

WELCOME TO SERBIA!!!

Tournament Organizing Committee



SOCIAL MEDIA

WEBSITE

<https://stkf.rs/>

<https://itkf.global/>

FACEBOOK

<https://www.facebook.com/stkf.office/>

https://www.facebook.com/search/top?q=itkf%20europe&locale=sr_RS

INSTAGRAM

stkf.official



YOUTUBE

<https://www.youtube.com/@stkf.office>

<https://www.youtube.com/@itkf-internationaltraditio9061>



KRALJEVO

- For those who have never visited Kraljevo, here are some general information about the city:
- Kraljevo is a city located in the central part of Serbia, in the region known as Šumadija. It is situated on the banks of the Ibar River, surrounded by picturesque mountains, making it not only a historical but also a scenic destination.
- The city has a rich history dating back to medieval times when it was known as Rudo Polje ("Red Field"). Over the centuries, it has served as an important cultural, economic, and political center. Today, Kraljevo is known for its blend of historical landmarks, vibrant culture, and natural beauty.
- One of the notable landmarks in Kraljevo is the Žiža Monastery, an ancient Serbian Orthodox monastery dating back to the 13th century. It holds significant historical and religious importance, as it was the coronation church of several Serbian kings.
- Kraljevo is also famous for its annual "Zaplanjska Ribarska Banja" festival, celebrating the local tradition of trout fishing. The festival attracts visitors from across Serbia and beyond with its lively atmosphere, traditional music, and delicious local cuisine.
- In addition to its cultural heritage, Kraljevo offers opportunities for outdoor activities such as hiking, biking, and exploring the nearby mountains and national parks. The region's natural beauty, including the picturesque Ibar Gorge, provides a tranquil escape for nature lovers.
- The city is also known for its warm hospitality and friendly atmosphere, making it a welcoming destination for visitors from all walks of life.
- Overall, Kraljevo is a charming city with a unique blend of history, culture, and natural beauty, offering something for everyone to enjoy.



<https://www.kraljevoturizam.rs/>

SPORTS CENTER "IBAR"



- The sports hall belonging to the Sports Center "Ibar" in Kraljevo is an important sports facility in the city. Here is some information about it:
- Capacity: The sports hall has enough space to accommodate a large number of visitors, making it suitable for organizing various sports events and competitions.
- Multi-purpose use: The hall is designed to support various sports activities, and other indoor sports competitions and training sessions.
- Modern design: The sports hall is equipped with modern equipment and infrastructure that provide optimal conditions for athletes and visitors. This includes quality lighting, spectator stands, changing rooms, as well as accompanying rooms and facilities.
- Flexibility: The hall can be adapted to the needs of different events and activities. A flexible layout and modular design allow for adjusting the space according to the specific requirements of the organizers.
- Safety: Ensuring the safety of visitors and athletes is a priority, and appropriate measures have been taken to ensure security during events and activities in the hall.
- Host to various events: The sports hall frequently hosts local, national, and international sports competitions, tournaments, as well as other cultural and entertainment events.
- The sports hall within the Sports Center "Ibar" plays a crucial role in supporting sports activities and promoting a healthy lifestyle in Kraljevo and the surrounding area. Its modern design and functionality make it an important resource for the sports community and the local community as a whole.



• Here are a few more pictures of the sports hall, depicting how it would look like with tatami mats, as well as the appearance of the shopping center located within the hall. The hall also features an ample parking area conveniently located right next to the entrance.



<https://www.scibarkv.rs/>



OFFICIAL HOTEL

<https://www.hotel-turist.net/>

HOTEL "TURIST"

These are pictures of Hotel Turist, which is located in the very center of the city of Kraljevo. Competitors, as well as their coaches, would be accommodated in this luxurious hotel, which is only 1.5km away from the Sports Center "Ibar".





ACCOMODATION

The contact person for technical support:

Milan Radičević +381658007694

E-mail: eurohotelserbia@gmail.com

Hotel Offer in Kraljevo for ITKF, October 20–26, 2025

Accommodations	Distance to venue	Time to venue by car	Time to venue by foot
Hotel Turist	1400m	5 min	20 min
Hotel Kralj	4000m	7 min	57 min
Hotel Sunce	1100m	3 min	15 min
Hotel Djerdan	3500m	6 min	51 min
Apartments Djerdan Garden	3500m	6 min	51 min
Djerdan urban apartments	3000m	5 min	30 min
Hotel Tehnograd	500m	2 min	10 min
Garni Hotel Crystal	1300m	3 min	18 min

Hotel Turist

Comfortable Accommodations: Hotel Turist in Kraljevo offers family rooms with air-conditioning, private bathrooms, and modern amenities. Each room includes a balcony or terrace with city views, ensuring a pleasant stay.

Exceptional Facilities: Guests can enjoy a fitness centre, garden, terrace, restaurant, massage services, bar, and free WiFi. Additional facilities include a hot tub, spa bath, and yoga classes.

Dining Experience: The modern, family-friendly restaurant serves Italian, local, and international cuisines. Breakfast is available in-room with continental options.

Hotel Turist is 1,4 km from the sports hall.



Accommodation in:

14 x Single rooms

34 x Room with double bed

18 x double rooms

4 x Apartments (of which one is a double, one is a triple and two are with French bearing)

10 x Extra beds, for 3 persons

- The prices are in the attached price list, for bed and breakfast, half board and full board, boarding house. Hotel guests can use: - Wellness center of Hotel Turist, sauna, Turkish bath or massages.

Room Type	BB (Bed & Breakfast)	HB (Half Board)	FB (Full Board)
Single Room	51€	62€	73€
Queen size bed - single use	55€	66€	77€
Twin Room – single use	55€	66€	77€
Queen size bed – 2 persons	82€	104€	126€
Twin Room – 2 persons	82€	104€	126€
Suite – max 2 persons	130€	148€	170€

Legend:

BB – Bed & Breakfast

HB – Half Board (Breakfast + One Main Meal)

FB – Full Board (Breakfast + Two Main Meals)

USE OF THE FITNESS IS FREE OF CHARGE

Payment is in RSD at the valid NBS exchange rate on the day of application.

VAT is included in the price.

Tourist tax and insurance are not included in the price.

Residence tax = RSD 60.00; Insurance = RSD 15.00

Surcharge for a third person is 30€.

Children up to 7 years old have free accommodation and breakfast.

Children aged 8-12 have a 50% discount.

Check-in: after 2:00 p.m.; **Check-out:** until 12:00 p.m

NOTE: The hotel prices offered for booking are valid until June 30.2025.

The registration code is "ITKF 2025". The advance payment is 30%.

Reservation email: hotel@hotel-turist.net



"Hotel Kralj"

Comfortable Accommodations: Hotel Kralj in Kraljevo offers comfortable rooms with air-conditioning, private bathrooms, and modern amenities. Each room includes a balcony with garden, pool, or mountain views, ensuring a pleasant stay.

Exceptional Facilities: Guests can enjoy a sun terrace, seasonal outdoor swimming pool, and a lush garden. The property features a restaurant, bar, and coffee shop, complemented by free Wi-Fi throughout. Additional facilities include a lounge, pool bar, and outdoor seating area.

Delicious Dining: The modern, family-friendly restaurant serves British, local, and international cuisines. Breakfast includes continental and buffet options with juice, cheese, and fruits. The bar offers a variety of beverages in a relaxed setting.

Hotel Kralj is 4 km from the sports hall.

The price of accommodation in the Kralj Hotel is 30€ per person, per day.

The price includes accommodation with breakfast and tourist taxes.

Lunch and dinner are paid extra.

NOTE: Staying on a bed and breakfast basis is default, and the organization of lunch or dinner depends on the number of guests registered for it.

NOTE: Hotel breakfast is from 7:00 a.m. to 10:00 a.m.

NOTE: The hotel prices offered for booking are valid until June 30.2025. The registration code is "ITKF 2025". The advance payment is 30%.

Reservation email: hotelkraljkv@gmail.com

If there is a need to organize lunch or dinner, it is necessary to define the exact time of the meal for all guests at the same time.

ROOM NUMBER	FRENCH BED	SINGLE BED EXTRA	BED TOTAL	PERSONS
1	X			2
2	X			2
3	X	X		3
4	X	X		3
5	X		X	3
6	X			2
7	X			2
9	X	X	X	4
10	X	X		3
TOTAL				26



“Hotel Sunce”

Comfortable Accommodations: Hotel Sunce in Kraljevo offers family rooms with air-conditioning, private bathrooms, and free Wi-Fi. Each room includes a work desk, seating area, and soundproofing for a pleasant stay.

Dining and Leisure: Guests can enjoy a restaurant and bar, with menus for special diets and a child-friendly buffet. The terrace and garden provide outdoor seating areas, while the bar offers a relaxing atmosphere.

Hotel Sunce is 1 km from the sports hall.

Guest Satisfaction: Highly rated for its attentive staff, clean rooms, and comfortable amenities, Hotel Sunce ensures a pleasant and memorable stay.

* **3 Double bed apartments**

* **8 Twin room**

* **Apartment for 4 persons**

Hotel has 12 rooms/ apartments and each of them is very spacious with all the comforts necessary for a pleasant stay of guests (separate rooms, air condition, wifi, safe, flat tv).

The price of accommodation at the Sunce Hotel is 37€ per person, per day.

The price includes accommodation with breakfast and tourist taxes. Lunch and dinner are paid extra.

Halfboard 41€,

Fulboard 45€

NOTE: The hotel prices offered for booking are valid until June 30.2025. The registration code is "ITKF 2025". The advance payment is 30%.

Reservation email: hotelsuncekv@gmail.com



“Hotel Djerdan”

Room No.	Room Structure	Capacity (Persons)	Price per Person (with Breakfast)
1	Double bed + two extra beds	2-4	25€
2	Double bed	1-2	25€
3	Two single beds + two extra beds	2-4	25€
4	Two single beds	2	25€
5	Two single beds + two extra beds	2-4	25€
6	Two single beds	2	25€
7	Two single beds	2	25€
8	Two single beds	2	25€
9	Double bed + one single bed	2-3	25€
10	Three single beds	2-3	25€
11	Double bed + one single bed	2-3	25€
12	Three single beds	2-3	25€

Comfortable Accommodations: Hotel Djerdan in Kraljevo offers family rooms with private bathrooms, air-conditioning, and modern amenities. Each room includes a work desk, TV, and soundproofing for a pleasant stay.

Dining Experience: Guests can enjoy local cuisine at the family-friendly restaurant, featuring a terrace and modern ambience. Breakfast includes cheese, ensuring a satisfying start to the day. **Convenient Facilities:** The hotel provides free Wi-Fi, a free airport shuttle service, and a paid shuttle service. Additional services include bike and car hire, luggage storage, and free on-site private parking.

Hotel Djerdan is 3,5 km from the sports hall.

The price of accommodation in the “Hotel Djerdan” is 25€ per person.

The price includes accommodation with breakfast and tourist taxes.

Lunch and dinner are paid extra.

NOTE: The hotel prices offered for booking are valid until June 30.2025. The registration code is "ITKF 2025". The advance payment is 30%.

Reservation email: djerdan@gmail.com

Hotel Djerdan has several accommodation units. One of them is:



Apartments Djerdan Garden

Modern Comforts: Djerdan Garden apartments in Ribnica offer recently renovated apartments with air-conditioning, free Wi-Fi, and a terrace. Each unit includes a kitchenette, balcony, and private bathroom with free toiletries.

Convenient Facilities: Guests enjoy free on-site private parking, a paid airport shuttle service, and housekeeping. The property features a terrace, balcony, and garden views, complemented by a work desk and soundproofing.

Highly Rated: Guests appreciate the modern amenities and excellent service, making Djerdan Garden apartments a highly rated choice.

Hotel Djerdan is 3,8 km from the sports hall.

The price of accommodation in the “Apartments Djerdan Garden” is 50€ for the apartment. The price includes accommodation with breakfast and tourist taxes. Lunch and dinner are paid extra.

Room No.	Room Structure	Capacity (Persons)	Price per Person (with Breakfast)
1	Double bed + one extra bed	2+1	50€
2	Two single beds + one extra bed	2+1	50€
3	Two single beds + one extra bed	2+1	50€
4	Two single beds	2	50€
5	Double bed + one extra bed + sofa bed (convertible)	2+1+2	50€

NOTE: The hotel prices offered for booking are valid until June 30.2025. The registration code is "ITKF 2025". The advance payment is 30%.
Reservation email: djerdan@gmail.com

And the other is:

“Djerdan urban apartmani”

Room No.	Room Structure	Capacity (Persons)	Price per Person (with Breakfast)
1	Two single beds + one extra bed	2+1	50€
2	Two single beds + one extra bed	2+1	50€

The reservation rules are the same as for the other accommodation capacities of this hotel.



Hotel Tehnograd

Comfortable Accommodations: Hotel Tehnograd in Kraljevo offers family rooms with air-conditioning, kitchenettes, and private bathrooms. Each room includes a work desk, TV, and free Wi-Fi.

Dining Experience: The family-friendly restaurant serves Mediterranean, local, and European cuisines in a traditional, modern, and romantic ambience. Vegetarian and vegan options are available.

Leisure Facilities: Guests can relax in the garden, terrace, or hot tub. The hotel features a fitness room, massage services, and a bar.

Hotel Tehnograd is 0,5 km from the sports hall.

Hotel Tehnograd hotel can receive 45 guests, with the following structure:

- 2 single apartments
- 2 double bed apartments
- 6 twin rooms
- 4 twin apartments
- 7 triple apartments

Hotel has 21 rooms / apartments, and each of them is very spacious with the surface from 35 to 55 square meters, with all the comforts necessary for a pleasant stay of guests (separate rooms, air condition, wi-fi, safe, flat tv-s, kitchen etc.).

The prices per person / per day (included all the taxes) are:

- bed and breakfast 37€
- half board 41€
- full board 45€

NOTE: The hotel prices offered for booking are valid until June 30.2025. The registration code is "ITKF 2025". The advance payment is 30%.

Reservation email: office@hoteltehnograd.com



Garni Hotel Crystal

Opened in June 2009, the stylish and elegant Hotel Crystal offers well-equipped accommodation, mouth-watering cuisine and superb facilities in Kraljevo. For your convenience, there is a monitored parking area for private vehicles. Unwind at the restaurant, where a rich buffet breakfast is served from 07:00 to 10:00. Until 23:00 you can sample the à la carte menu with a variety of cold salads, grilled meat and fish. The wellness centre has a gym, a sauna and a hot tub.

Garni Hotel Crystal is 1,3 km from the sports hall.

Structure	Service	Price
Single lux room	Bed and breakfast (BB)	64,70€
Double/twin room	Bed and breakfast (BB)	91,03€
Triple room	Bed and breakfast (BB)	122,47€
Apartment in the annex building	Bed and breakfast (BB)	56,91€

The price include bed and breakfast and tax per room per day.

Supplement for dinner per person per day is 29,85€

The price is in euros according to today's average exchange rate.

The final price depends on the average exchange rate of payment day.

We can offer to you next structure of rooms:

Single lux room – 4

Double room – 8 (separate bed)

Double room – 3 (king size bed)

Triple room – 1 (one king size bed + one single bed)

Apartment in dependans building – 4 (one king size bed, 2 person max)

NOTE: The hotel prices offered for booking are valid until June 30.2025. The registration code is "ITKF 2025". The advance payment is 30%.

Reservation email: office@hotelcrystal.rs



TRANSFER

We can assist you planning your trip in Serbia. Just send us via email the place / time / date of arrival and departure:

The contact person for technical support: Nebojša Zahitović +38162340969

E-mail: eurotransfer2025@gmail.com

The offer includes a minibus, bus, van, rental car and taxi.

SAYONARA PARTY

At the end of 36th ITKF Europe Championship in Traditional Karate we will organize a gathering between everyone that was part of this event.

The approximate price will 25€ including the buffet. Tickets for the sayonara party will be available for purchase during the event.

FOOD AND EQUIPMENT

At the Ibar Sports Center, the Serbian Federation will organize stands with food and sports equipment in the sports hall.

The official ITKF KUMITE GLOVES will be sold on the sales stand.

For T-shirts, sweatshirts, and caps, a model offer and price with an ordering deadline will be announced in advance.



Training Time slots

Each team could have one time slot of a training per day that is available in Sports Center Ibar in the hall with tatami. Larger teams can book one time slot. Several smaller teams can practice at the same time. Please, be fair to other teams and, if possible, by size, share the time slots between teams.

Tuesday

Time slot	Team
9:00-10:30	
10:30-12:00	
12:00-13:30	
13:30-14:30	
20:30-22:00	

Wednesday

Time slot	Team
7:30-9:00	
12:00-13:15	
13:15-14:30	

Thursday

Time slot	Team
9:00-10:30	
10:30-12:00	
14:00-15:30	
15:30-17:00	
17:00-18:30	
18:30-20:00	